



## **ART vs. REHAB**

### **A seminar to explore and provoke new relationships between art and mental health**

**Monday 25 October 2010  
6pm - 9pm**

Whether you are involved in art, social care, curating or politics join an evening of lively discussion about the futures of rehabilitative arts programmes.

Speakers will present their own ideologies for rehabilitative arts practice, suggesting new models and provoking new ideas. The audience is asked to bring their own questions to the seminar, and be prepared to share the ethos of their practice. A key aim of the event is the drawing together of theory and practice; of research and industry.

Illustrator **Jo Buchan** will be visualising the seminar in real-time through drawing. Writer **Paddy Gormley**, who runs a weekly drop-in philosophy class for homeless people, will be chairing the event. We envisage insightful discussion, debate and conversation in a space that encourages the free flow of ideas and speculations.

## **SPEAKERS...**

### **The Ten-Year Project**

How much time does a project need? Having spent ten years recording the shifting memories of Alzheimer's sufferers, Artist **David Clegg** inverts our notion of a project's time-frame, touching on the role of patience, subtlety, humour and consent.

### **Engaged or Alienated?**

If participants are engaging in your activity, how sure can you be that they are not doing something for the sake of it? Occupational Therapist **Jacqueline Ede** recounts her experience of participants being secretly isolated, the effects of this and how to spot it.

### **A Conceptual Model**

Artist **Hannah Hull** uses a conceptual art model when working with people with backgrounds in mental health. She suggests that political, social and therapeutic aims are implicit to conceptual art, and that this model allows for a more attainable social inclusion.

## **YOUR CONTRIBUTIONS...**

This event will be documented and contribute to ongoing collaborative research in this area - led by Hannah Hull - that has so far included a wide range of academics, artists, and vulnerable adults from organisations such as The Open Book Project, Crisis Skylight, P.A.T.H., Cardboard Citizens, Escape Artists and Goldsmiths, University of London.

Please feel free to contribute your own ideas to the Tumblr for this project, or follow contributions on Twitter...

Tumble: [ARTvsREHAB.tumblr.com](http://ARTvsREHAB.tumblr.com)

Follow: [twitter.com/ARTvsREHAB](https://twitter.com/ARTvsREHAB)

## **DETAILS...**

When: Monday 25 October 2010 / 6pm - 9pm

Where: Centre for Creative Collaboration, 16 Acton Street, London WC1X 9NG

Enquiries: Hannah Hull / [mail@hannahhull.co.uk](mailto:mail@hannahhull.co.uk)

Price: £10 – Refreshments included

To book: <http://www.insideoutfestival.org.uk/2010/details/art-vs-rehab.html>

## **FURTHER INFORMATION...**

### **Hannah Hull**

[www.hannahhull.co.uk](http://www.hannahhull.co.uk)

Hannah Hull is a public artist and consultant, currently based in London and working throughout the UK. She studied Fine Art at Goldsmiths, University of London, where she is currently undertaking a PGCert in Innovation. Her research has focused around using a conceptual art model when working with adults and young adults with backgrounds in mental health, homelessness, addiction and the criminal justice system. Her consultancy and delivery work involves developing innovative relationships between art education, and art and business.

### **Jacqueline Ede**

[www.OccupationArts.org](http://www.OccupationArts.org)

Jacqueline Ede is a Lead Occupational Therapist (OT) specialising in mental health recovery, social inclusion and evolving the relationship between the arts and healthcare. Major interests include creativity, occupational science, mindfulness and health promotion. Having worked in the NHS for over a decade Jacqueline now runs an independent practice, in addition to establishing the embryonic Occupation Arts, a Community Interest Company dedicated to designing and facilitating exciting arts and health ventures.

## **David Clegg / Trebus Projects**

[www.trebusprojects.org](http://www.trebusprojects.org)

Since 2000 David Clegg has worked with more than 1500 people with dementia to produce a unique archive of stories, letters, drawings, films and music. David named the Trebus Projects in honour of Edmund Trebus, a Polish war veteran, who filled his house with things the rest of the world had decided were rubbish, convinced that in time a use would be found for them. In his own way, David himself has now become a hoarder of the fragments and remains of the memories of people who have dementia. Working intensively and over long periods of time with the same people he has built up a fascinating record of lives that would otherwise have been lost to history.

## **Jo Buchan**

Self-confessed pixel-pusher and ink fiend, Jo is an ideas machine, the General of the generalists. As likely to be found producing artwork as advancing a hoverboard concept (or drawing on your walls). When not working he's all about the place; skating bowls, illustrating books, branding, climbing things, surfing other things and barbecuing anything. Recently Jo has had a son; he is awesome ... He hopes one day to convert a steam train into a giant barbecue.

## **Paddy Gormley**

[www.wordsinaction.info](http://www.wordsinaction.info)

Paddy Gormley is a writer, teacher, facilitator and presenter, who specialises in creative thinking processes. He teaches a weekly drop-in philosophy class for the Crisis charity, enabling homeless and otherwise marginalised people to recover lost self esteem, develop powerful creative thinking techniques and gain confidence and friendship by way of the endangered species that is intelligent conversation. In this term's course, entitled Do Machines Listen?, participants are examining the issue of whether our humanity is being compromised by the increasingly pervasive role of computerised technologies.

## **The Centre for Creative Collaboration**

[www.creativecollaboration.org.uk](http://www.creativecollaboration.org.uk)

The Centre for Creative Collaboration is an initiative of the University of London working in collaboration with the Central School of Speech and Drama, Goldsmiths University of London and Royal Holloway University of London. The Centre supports new types of collaboration using the principles of open innovation. This is a groundbreaking project for London delivering collaborative projects and multi disciplinary working in an attractive and flexible space.

## **LCACE**

[www.lcace.org.uk](http://www.lcace.org.uk)

This event is part of the LCACE Inside Out Festival 2010. London Centre for Arts and Cultural Exchange is a university initiative promoting the exchange of knowledge and expertise with the capital's arts and cultural sectors. The nine institutions involved are: University of the Arts London; Birkbeck, University of London; City University; the Courtauld Institute of Art; Goldsmiths, University of London; Guildhall School of Music & Drama; King's College London; Queen Mary, University of London; and Royal Holloway, University of London.

